

LD & ADHD

Awareness Month

Educate

Learn more and teach others about learning disabilities and ADHD.

Read	Watch	Listen
<ul style="list-style-type: none"> Read about LD & ADHD Awareness Month Understand different types of Learning Disabilities Check out 25 ADHD Books 	<ul style="list-style-type: none"> Learn more about The Creative Brilliance of Dyslexia Check out ADHD Strength #1 (from a 9 part series) 	<ul style="list-style-type: none"> Listen to the SENIA Happy Hour Podcasts: EF Impact on Students with ADHD and Dyslexia and Dysgraphia Defined Hear from individuals with learning disabilities and advocates in the LDA Podcast

Celebrate

Embrace learning disabilities and ADHD, and have some fun!

Events	Activities
<ul style="list-style-type: none"> Consider What You Can Do to promote LD and ADHD awareness in your community 	<ul style="list-style-type: none"> Share LD Posters to increase awareness of learning disabilities Sign up for Understood Newsletters for ideas to last all year Increase student self-advocacy with a Self-Awareness Worksheet

Advocate

Speak up and show up for inclusion in your community.

<ul style="list-style-type: none"> Show your support for LD and ADHD Awareness Month in your community and online Keep learning and teaching about all kinds of minds Promote understanding of learning disabilities and thinking differences in your community Create accessible and inclusive environments to benefit everyone
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